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Health 1050

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Health Application

 The information I have acquired by taking this class has many applications for my life in the future and in the present. Knowing what a drug is used for specifically can help me understand why people want to use it. Knowing how people get drugs, where they can be found, how easy it is to ignore the signs of someone using drugs, can help me if I ever have kids in the future. understanding where to go for help also helps me in the event a friend or family member is involved to heavily with drugs. specific drug uses vary for each drug, medicinal purposes, or "recreational" uses, allow me to understand why someone would use something that can harm them easily if they abuse it.

 Understanding how a drug is used allows me to understand its affects and why someone is using it. Knowing a drug has medicinal value shows that it can help others and people use it for that purpose, like medical marijuana. Considering why someone is using a drug has many applications, like if someone is just trying to escape reality by using a hallucinogen then it's easier to help them with their issues. When looking at why someone uses a drug and for what purpose it allows me to know how to help them and or find a way to help them. Learning how people go about obtaining drugs, we can figure out how to teach others to avoid them, especially the younger generation.

 Children, teenagers, and young adults are all more susceptible to peer pressure and doing what others think is cool, which also makes them more likely to buy drugs from shady sources. Drugs are usually purchased through a dealer or through the internet, in the case of OTC and prescription drugs, which makes them easy access but also very expensive and most times you don't even get what you pay for. When showing someone how you could get drugs so easily and how absurd the price is for a fake product usually you can convince them it's not worth the money they put into it in the first place. The side effects of drugs are also a very effective incentive to never buy drugs in the first place, just consider what cocaine can do to you, then show that to a young kid and most likely they won't want to end up looking like that when they are grown up. Knowing how to help someone who is addicted to drugs and needs a way out is also very important applicable information.

 knowing how to help someone who is affected by drugs is very important information, it can help them out and in the end it could save a life. helping someone who is affected by drugs can range from rehab to just helping them get their life in order, most times drug abuse occurs when someone wants to escape something in their life or past, which can lead to dangerous behavior in the long run but can be avoided if the person decides to fix it or get better by getting off the drugs and getting stable again. Other reasons people take drugs is just cause that's what everyone else does, which is also dangerous, if I could tell that person how that decision would affect them in the long run they might stop and get better help like rehab or counseling. Overdose does occur with drugs and can be fatal so knowing when one is occurring and calling the paramedics is imperative, which is why knowing that information will help me in the future in the event a friend or family member partakes in drugs. Understanding where drugs come from, what they do, and how harmful they can be is important information that can change how you look at something involving drugs, like marijuana, or a friend doing drugs.

 The information I have acquired from this class will help me in the future in several ways. First I can understand what drugs are used for what and if someone is using them for medicinal purposes or for their own purposes. secondly I can teach my kids about drugs in a way that will show them that drugs are harmful and illegal, in a lot of ways. Lastly I will be able to help others who are struggling with drugs and or don't understand how drugs can affect you, which in turn allows me to help them. Overall the information in this class will prove useful as I have a greater understanding about drugs, how they are used and abused, how people get them, and what they can do.